

The History and Culture of Food in Italy

a course in San Gemini, Italy (June 26 - July 7)

As part of our efforts to preserve cultural heritage, we are offering a two-week course giving an overview of the history and the cultural traditions of food in Italy.

Food production, cooking and eating are a fundamental part of human existence, impacting all aspects of our lives: our body, our culture and our spiritual life. It is an essential element to be considered by anyone studying history, culture, economics and human evolution.

This program is not a "cooking class" but should be considered a course in cultural history and includes lectures, field trips and experimental cooking workshops.

Taught by Prof. Tommaso Lucchetti, one of the foremost scholars in the field of the culinary history of Italy.



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www.sangeministudies.org